

## Burns Science and Technology Charter School k-8

### Monday

#### Mac & Cheese 3

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Egg, Cheese, WG Roll, & Croutons

Sides: Green Beans, Milk, Juice, & Fruit

#### Salisbury Steak w/ WG Slider 10

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Egg, Cheese, WG Roll, & Croutons

Sides: Roasted Potatoes, Milk, Juice, & Fruit

### Tuesday

#### Mexicali Chicken Calzone w/ Taco Sauce 4

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Diced Ham & Cheese & WG Roll & Croutons

Sides: Corn, Red Peppers Milk, Juice, & Fruit

#### Beef Burritos w/ Sour Cream 11

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Diced Ham & Cheese & WG Roll & Croutons

Sides: Black Beans, Tomatoes, Milk, Juice, & Fruit

### Wednesday

#### Boneless Wing w/ Slider, BBQ or Buffalo Sauce 5

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Popcorn Chicken, Cheese, WG Roll, & Croutons

Sides: Baked Beans, Milk, Juice, & Fruit

#### Corn Dog w/ Ketchup & Mustard 12

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Popcorn Chicken, Cheese, WG Roll, & Croutons

Sides: Cole Slaw, Pickle Spears, Milk, Juice, & Fruit

### Thursday

#### Teriyaki Rice Bowl 6

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Diced Ham & Cheese & WG Roll & Croutons

Sides: Carrots, Spinach Salad, Milk, Juice, & Fruit

#### Cheese Filled Breadsticks w/ Marinara 13

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Diced Ham & Cheese & WG Roll & Croutons

Sides: Carrots, Broccoli & Cheese, Milk, Juice, & Fruit

### Friday

#### Pizza: Cheese or Pepperoni 7

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Diced Chicken, Cheese, WG Roll, & Croutons

Sides: Radish and Cucumber Salad, Milk, Juice, & Fruit

#### Teacher Duty Day – Student Holiday 14

**Teacher Duty Day – Student Holiday**

#### Spring Holiday Begins 17

#### Spring Holiday 18

#### Spring Holiday 19

#### Spring Holiday 20

#### Spring Holiday 21

#### BBQ Pork w/ WG Biscuit 24

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Egg, Cheese, WG Roll, & Croutons

Sides: Cinnamon Roasted Butternut Squash, Milk, Juice, & Fruit

#### Buffalo Chicken Dip w/ Corn Chips 25

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Diced Ham & Cheese & WG Roll & Croutons

Sides: Corn, Radish and Cucumber Salad Milk, Juice, & Fruit

#### Cheeseburger w/ Toppings, Ketchup & Mustard 26

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Popcorn Chicken, Cheese, WG Roll, & Croutons

Sides: Baked Beans, Milk, Juice, & Fruit

#### Honey Garlic Chicken w/ WG Wrap 27

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Diced Ham & Cheese & WG Roll & Croutons

Sides: Carrots, Broccoli, Milk, Juice, & Fruit

#### French Bread Pizza: Cheese or Pepperoni 28

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Diced Chicken, Cheese, WG Roll, & Croutons

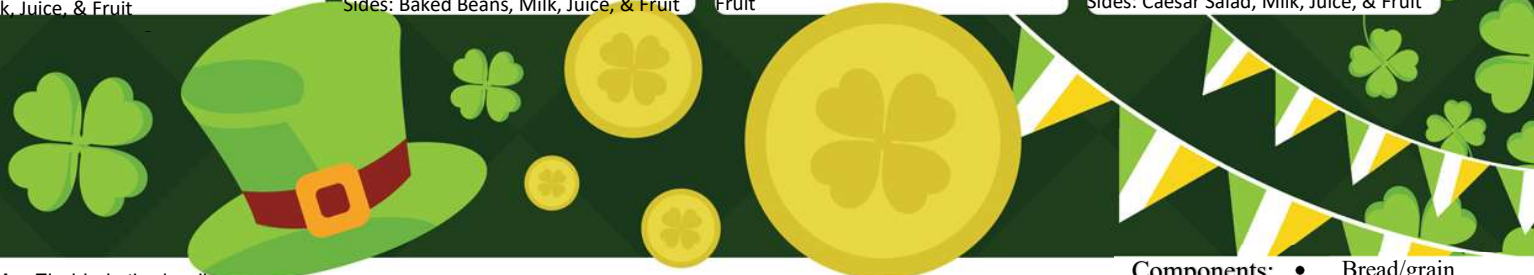
Sides: Caesar Salad, Milk, Juice, & Fruit

#### Baked Ziti 31

PBJ Sandwich w/ Cheese Stick

Salad Bar w/ Egg, Cheese, WG Roll, & Croutons

Sides: Cauliflower, Milk, Juice, & Fruit



**Harvest of the Month: Harvest of the Month: Radish** - Florida is the leading producer of radishes in the United States and harvests over 20 percent of the country's radish acreage. The bulk of Florida's radish farms can be found in Orange and Palm Beach counties, where the warm, sunny climate is ideal for growing a wide variety of vegetables. Radishes are a type of root vegetable. Radish comes from the Latin word radix - meaning "root". *Harvest of the Month*. Look for Radishes on the Salad Bar and as a side this month!

At lunch, we are required to offer five components. Students are required to take 3 of the 5 components, one of those must be a serving of fruit or vegetable to be counted as reimbursable. We encourage students to take all 5.

This Institution is an Equal Opportunity Provider

- Components:
- Bread/grain
  - Fruit
  - Vegetable
  - Milk
  - Meat/Meat Alternate