

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**1**

**2**

**3**

**4**

**5**

**6**

**Teacher Duty Day**

**7**

**Mini Cinni's**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, Orange Wedges

**8**

**Yogurt Parfait w/ Strawberries & 2 oz Granola**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Mixed Fruit

**9**

**Banana Bread**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Apple Slices

**10**

**Cheese Omelet w/ 2 WG Biscuits**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Banana

**13**

**Maple Butter Waffles w/ Syrup**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Apple Sauce

**14**

**WG Blueberry Muffin w/ Yogurt Cup**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Orange Wedges

**15**

**WG Donut w/ Sausage patty**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Mixed Fruit

**16**

**Strawberry Cream Cheese Mini Bagels**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, Apple Slices

**17**

**Sausage Gravy w/ WG Biscuit**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Banana

**20**

**Martin Luther King Jr. Birthday Holiday**

**21**

**French Toast Sticks w/ Syrup**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, Orange Wedges

**22**

**WG Scone**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Mixed Fruit

**23**

**Mini Cinni's**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Apple Slices

**24**

**Egg & Cheese Griddle (Egg & Cheese inside 2 WG Pancakes)**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Banana

**27**

**Chicken Biscuit**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Apple Sauce

**28**

**Banana Bread**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Orange Wedges

**29**

**Oatmeal w/ Berries**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Mixed Fruit

**30**

**WG Apple Cinnamon Muffin w/ Yogurt Cup**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, Apple Slices

**31**

**Sausage Pancake on a stick w/ 1 oz Grahams, & Syrup**

Or Cereal w/ Toast

Or 2 Toast

Juice, Milk, & Banana

*Did you know?*

At breakfast, we are required to offer four items. Students are required to take 3 of the 4 items, one of those must be a serving of a fruit to be counted as reimbursable. We encourage students to take all items offered.

This Institution is an Equal Opportunity Provider

**Components:**

- 1–2-ounce equivalent servings of bread/grain
- ½ cup serving of fruit
- ½ cup serving of 100% juice
- Milk