

Monday	Tuesday	Wednesday	Thursday	Friday
	HAPPY NEW YEAR	1 Winter Holiday	2 Winter Holiday	3 Winter Holiday
6 Teacher Duty Day	7 Mini Cinni's Or Cereal w/ Toast Or 2 Toast Juice, Milk, Orange Wedges	8 Yogurt Parfait w/ Strawberries & 2 oz Granola Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Mixed Fruit	9 Banana Bread Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Apple Slices	10 Cheese Omelet w/ 2 WG Biscuits Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Banana
13 Maple Butter Waffles w/ Syrup Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Apple Sauce	14 WG Blueberry Muffin w/ Yogurt Cup Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Orange Wedges	15 WG Donut Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Mixed Fruit	16 Strawberry Cream Cheese Mini Bagels Or Cereal w/ Toast Or 2 Toast Juice, Milk, Apple Slices	17 Sausage Gravy w/ WG Biscuit Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Banana
20 Martin Luther King Jr. Birthday Holiday	21 French Toast Sticks w/ Syrup Or Cereal w/ Toast Or 2 Toast Juice, Milk, Orange Wedges	22 WG Scone Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Mixed Fruit	23 Mini Cinni's Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Apple Slices	24 Egg & Cheese Griddle (Egg & Cheese inside 2 WG Pancakes) Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Banana
27 Chicken Biscuit Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Apple Sauce	28 Banana Bread Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Orange Wedges	29 Oatmeal w/ Berries Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Mixed Fruit	30 WG Apple Cinnamon Muffin w/ Yogurt Cup Or Cereal w/ Toast Or 2 Toast Juice, Milk, Apple Slices	31 Sausage Pancake on a Bun w/ Syrup Or Cereal w/ Toast Or 2 Toast Juice, Milk, & Banana

Did you know?

At breakfast, we are required to offer four items. Students are required to take 3 of the 4 items, one of those must be a serving of a fruit to be counted as reimbursable. We encourage students to take all items offered.

This Institution is an Equal Opportunity Provider

Components:

- 1–2-ounce equivalent servings of bread/grain
- ½ cup serving of fruit
- ½ cup serving of 100% juice
- Milk