

Monday

Tuesday

Wednesday

Thursday

Friday

Banana Bread 7

Or Cereal w/ Tiger Bites

Juice, Milk, & Apple Sauce

WG Pancakes w/ Blueberry Sauce 1

Or Cereal w/ Tiger Bites

Juice, Milk, Orange Wedges

Strawberry Mocha Parfait w/ 2 oz granola 2

Or Cereal w/ Tiger Bites

Juice, Milk, & Mixed Fruit

WG Bagel w/ Cream Cheese 3

Or Cereal w/ Tiger Bites

Juice, Milk, Apple Slices

Scrambled Eggs w/ 2 WG Toast 4

Or Cereal w/ Tiger Bites

Juice, Milk, & Fresh Fruit

Banana Bread 7

Or Cereal w/ Tiger Bites

Juice, Milk, & Apple Sauce

Blueberry Muffin w/ Yogurt Cup 8

Or Cereal w/ Tiger Bites

Juice, Milk, Orange Wedges

Sausage Biscuit 9

Or Cereal w/ Tiger Bites

Juice, Milk, & Bananas

Mini Cinni's 10

Or Cereal w/ Tiger Bites

Juice, Milk, Apple Slices

Mini Corn Pups w/ Ketchup 11

Or Cereal w/ Tiger Bites

Juice, Milk, & Fresh Fruit

WG Donut w/ Sausage patty 14

Or Cereal w/ Tiger Bites

Juice, Milk, & Apple Sauce

Waffles w/ Strawberries 15

Or Cereal w/ Tiger Bites

Juice, Milk, Orange Wedges

Chicken Griddle (Chicken patty & 2 WG Pancakes) w/ ketchup 16

Or Cereal w/ Tiger Bites

Juice, Milk, & Bananas

Strawberry Mini Bagels 17

Or Cereal w/ Tiger Bites

Juice, Milk, Apple Slices

Breakfast Scrambler 18

Or Cereal w/ Tiger Bites

Juice, Milk, & Fresh Fruit

French Toast Sticks w/ Syrup 21

Or Cereal w/ Tiger Bites

Juice, Milk, & Apple Sauce

Banana Muffin w/ Yogurt Cup 22

Or Cereal w/ Tiger Bites

Juice, Milk, Orange Wedges

Very Berry Parfait w/ 2 oz Granola 23

Or Cereal w/ Tiger Bites

Juice, Milk, & Bananas

Mini Cinni's 24

Or Cereal w/ Tiger Bites

Juice, Milk, Apple Slices

Cheese Omelet w/ 2 WG Toast 25

Or Cereal w/ Tiger Bites

Juice, Milk, & Fresh Fruit

Egg & Cheese On an English Muffin 28

Or Cereal w/ Tiger Bites

Juice, Milk, & Apple Sauce

Breakfast Burrito w/ salsa 29

Or Cereal w/ Tiger Bites

Juice, Milk, Orange Wedges

Rice Pudding w/ Berries 30

Or Cereal w/ Tiger Bites

Juice, Milk, & Bananas



Did you know?

At breakfast, we are required to offer four items. Students are required to take 3 of the 4 items, one of those must be a serving of a fruit to be counted as reimbursable. We encourage students to take all items offered.

Components:

- 1–2-ounce equivalent servings of bread/grain
- ½ cup serving of fruit
- ½ cup serving of 100% juice
- Milk

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