

Monday

Tuesday

Wednesday

Thursday

Friday

1
Strawberry Cream Cheese Mini Bagel

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

2
WG Scone

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

3
Blueberry Muffin w/ Yogurt Cup

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

4
Egg & Cheese Omelet w/ WG Biscuit

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

7
Bacon, Egg, & Cheese Bagel

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

8
Sausage Griddle
(Turkey Sausage in between two pancakes)

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

9
Strawberry Chocolate Overnight Oats

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

10
Mini Cinni's

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

11
Cheese Grits

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

14
Teacher Duty Day

15
French Toast Sticks w/ Syrup

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

16
Berry Parfait w/ 2 oz Granola

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

17
WG Donut

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

18
Chicken and Mini Waffles w/ syrup

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

21
Banana Bread

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

22
Bagel w/ Cream Cheese

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

23
Chicken Biscuit

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

24
Pumpkin Scone

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

25
Scrambled Eggs w/ WG English Muffin

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

28
Mini Cinni's

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

29
Sausage Pancake Stick

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

30
Oatmeal w/ Berries

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit

31
Apple Cinnamon Muffin w/ Yogurt Cup

Or Cereal w/ Toast
Or 2 Toast
Juice, Milk, & Assorted Fruit



- Components
- 1-2-ounce equivalent servings of bread/grain
 - ½ cup serving of fruit
 - ½ cup serving of 100% juice
 - Milk

 **Did you know?**

At breakfast, we are required to offer four items. Students are required to take 3 of the 4 items, one of those must be a serving of a fruit to be counted as reimbursable. We encourage students to take all items offered.

This Institution is an Equal Opportunity Employer