

Monday

Tuesday

Wednesday

Thursday

Friday

Strawberry Cream Cheese Mini Bagel 4

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Banana Muffin w/ Yogurt Cup 5

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Sausage Biscuit 6

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Mini Cinni's 7

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Biscuit w/ Gravy 1

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Egg & Cheese Omelet w/ WG Biscuit 8

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Veterans Day 11

French Toast Sticks w/ Syrup 12

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Berry Parfait w/ 2 oz Granola 13

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Scones 14

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Bacon, Egg, & Cheese Bagel 15

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Sausage Pancake Stick 18

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Breakfast Burrito 19

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Oatmeal w/ Strawberries 20

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Banana Bread 21

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Cheese Grits 22

Or Cereal w/ Toast
Or 2 Toast

Juice, Milk, & Assorted Fruit

Thanksgiving Break 25

Thanksgiving Break 26

Thanksgiving Break 27

Thanksgiving 28

Thanksgiving Break 29

 **Did you know?**

At breakfast, we are required to offer four items. Students are required to take 3 of the 4 items, one of those must be a serving of a fruit to be counted as reimbursable. We encourage students to take all items offered.

This Institution is an Equal Opportunity Employer

Components:

- 1–2-ounce equivalent servings of bread/grain
- ½ cup serving of fruit
- ½ cup serving of 100% juice
- Milk